



:: Millionaires Shortbread



:: Scottish Shortbread



:: Belgian Chocolate Tiffin



:: Chocolate Gingers

## Contact:

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For Immediate Release:

## 100% Gluten Free Cookies & Tray Bakes From Scottish Bakery

**December 3, 2010 - Charlotte, North Carolina** - Scottish Specialty Foods, importer of gourmet Scottish food and drink, introduces a range of high quality and hand baked gluten free cookies and tray bakes from Lazy Day Foods in Lanarkshire, Scotland. The number of people affected by food intolerances and allergies is on the increase with gluten intolerance (Celiac Disease) affecting 1 in 133 Americans.

Lazy Day Foods was founded by Dr Sally Beattie and Emer Bustard, professional food scientists with a personal interest in food intolerances. Sally is a Dunblane mum with a number of food intolerances, including ones to dairy and gluten. Several members of her family are also dairy intolerant, including her 3 year old son. Sally and Emer are professional food scientists who have turned their knowledge and experience to create a range of recipes for high quality allergy friendly foods that are so good that anyone will want to eat them.

“Lazy Day cookies and tray bakes are a delicious addition to the range of high quality gourmet products we import from Scotland,” said Peter Wilson, president of Great Scot International “They have a home made quality to them that is quite delicious and probably unique for a free from cookie. ” All Lazy Day products are gluten free, wheat free, dairy free, egg free, vegan, and contain no hydrogenated fats.

The Lazy Day Foods is being introduced by Great Scot International Inc. to the US specialty food market at the 2011 Winter Fancy Food Show, Booth # 378. Products include: Belgian Chocolate Tiffin/Truffle, Chocolate Orange Slice Truffle, Chocolate Covered Millionaires Shortbread, Scottish Shortbread, Chocolate covered and plain Ginger snap cookies.

Lazy Day Foods believes “free-from” should not mean free-from taste. Visit [www.lazydayfoods.com](http://www.lazydayfoods.com) for more.



*Scottish Specialty Foods*

**Great Scot International (GSI)** DBA Scottish Specialty Foods EST 1997 is an importer of food and drink products manufactured in Scotland. GSI carefully select products that are different from others in the same category and are of the highest quality taste and packaging. Great Scot International represents brands including: top selling UK soft drink, Barr's IRN-BRU, Mackies Scottish Potato Chips, Edinburgh Tea & Coffee Company, Mrs Bridges, Gardiners, and Reids of Caithness. GSI maintains a warehouse in Charlotte, North Carolina and distributes nationwide. Visit [www.greatscotintl.com](http://www.greatscotintl.com) for more.